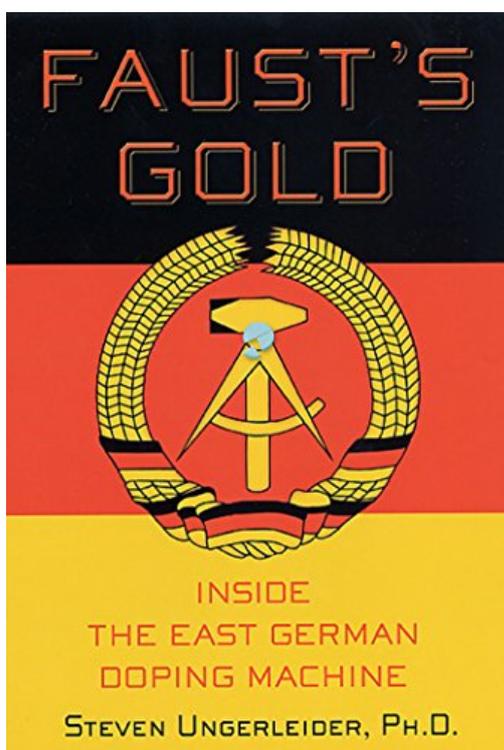


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FAUST'S GOLD



INSIDE
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From Publishers Weekly

In this informative but ultimately disappointing account, Ungerleider (*Mental Training for Peak Performance*; *Beyond Strength: Psychological Profiles of Olympic Athletes* with Jackie Golding), a psychologist and journalist, traces the first major trial of former East German sports officials in 1998 and 1999. Under a strict directive from its highest political office, between the 1960s and the '80s the GDR gave steroids to more than 10,000 uninformed youngsters as part of its quest for dominance in worldwide sports events. Basing his reports on interviews with former athletes and officials, Ungerleider details the extensive health problems that the female athletes suffered as a result of the "vitamins" that they took, ranging from short-term concerns including raging libidos and unnatural hair-growth, to serious, long-term problems including depression, birth defects, heart failure and tumors. While poignant, these stories begin to repeat themselves. One of the more interesting revelations, however, is of the conflict some of the former Olympians feel: on the one hand is their patriotism and sense of obligation to the individuals who helped make them superior athletes; on the other is their sense of shame at the possibility of having won medals unfairly and the corresponding desire that the truth about the doping be told. Unfortunately, the main narrative of the trial fails to develop any momentum. Ungerleider does not examine the effects of the doping on East German society or on the Cold War; nor does he seriously address the implications of systemic sports drug use, even though, as the recent Tour de France scandal shows, they apply in the post-Communist world as well.

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From Library Journal

East Germany was once a power in international sports. Its athletes established world records and set new standards for athletic performance. But many people correctly suspected that these achievements were the result of the use of steroids and other illegal substances. Ungerleider, director of a nonprofit research corporation that specializes in substance abuse prevention, looks into the doping of athletes and the subsequent rise of the East German sports empire. He successfully uses trial records and an athlete's testimony to trace the use of steroids in state-sponsored training programs. This intriguing book captures the

reader's attention, but at times the narrative becomes melodramatic. Nevertheless, Ungerleider does an excellent job of showing the extreme steps that political leaders will take to achieve glory in sports and how young, naive athletes are negatively affected in this process. Recommended for public libraries. Thomas A. Auger, Georgia Inst. of Technology, Atlanta
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Review

As the use of illegal drugs continues to be discovered in so many sports, it is all the more important to read Faust's Gold, for whereas East Germany is no more, the same dreams and drives that lead athletes to turn to drugs and the same sort of evil people willing to dispense them, still exist. Steven Ungerleider's thorough study of this remains modern athletics most compelling horror story."

-----Frank Deford, Sports Illustrated, Vanity Fair, NPR weekly contributor

"Long before there was Biogenesis or BALCO, there was the East German doping machine - the granddaddy of performance-enhancing drug conspiracies. In Faust's Gold, Steven Ungerleider provides readers with a rich, authoritative account of how a tiny country willfully and tragically endangered its young athletes in the interest of becoming an Olympic juggernaut."

-----Mark Fainaru-Wada, co-author "Game of Shadows: Barry Bonds, BALCO, and the Steroids Scandal that Rocked Professional Sports"

"The story of the state-sponsored doping of East German athletes in the 1970s and 1980s is one of the great sports tragedies of our time. Steven Ungerleider has gone behind the scenes to tell that story in stunning and riveting detail in Faust's Gold. If you are wondering when and where the Steroids Era got its start, Ungerleider has all the answers."

-----Christine Brennan, USA Today sports columnist, ABC News commentator, best-selling author of Inside Edge and Best Seat in the House

"

"Faust's Gold by Steven Ungerleider is a cautionary tale about the very real dangers that performance-enhancing drugs can pose to athletes, and to sports."

-----Lance Williams, co author, Game of Shadows

"Memory is essential to who we are and what we do. To not just know but understand sports doping then and now, Steven Ungerleider's Faust's Gold is where to start."

-----Alan Abrahamson, Journalist/lawyer and lecturer at the University of Southern California's Annenberg journalism school.

"Steven Ungerleider is one of the pioneers of doping reportage. Today there are lots of American journalists who cover performance-enhancing drugs, and for many of us "Faust's Gold" is one of the foundational texts."

-----Nathaniel Vinton, The New York Daily News (and co-author of American Icon: The Fall of Roger Clemens and the Rise of Steroids in America's Pastime)

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