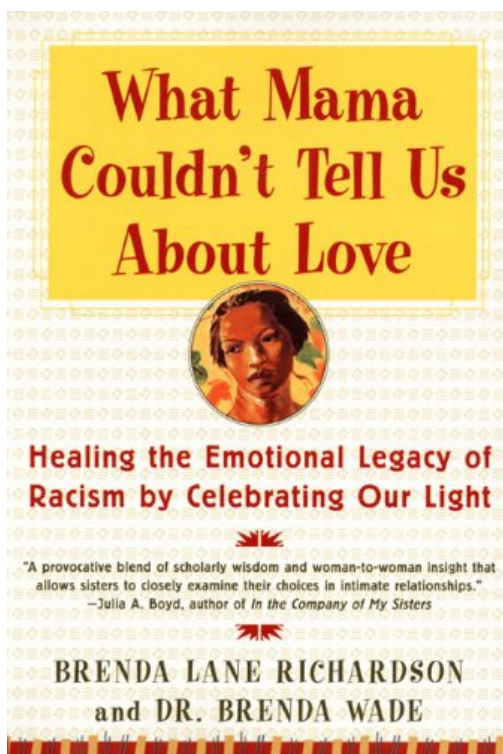


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What Mama Couldn't Tell Us About Love



Healing the Emotional Legacy of
Racism by Celebrating Our Light



"A provocative blend of scholarly wisdom and woman-to-woman insight that allows sisters to closely examine their choices in intimate relationships."

—Julia A. Boyd, author of *In the Company of My Sisters*



BRENDA LANE RICHARDSON
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Review

"A provocative blend of scholarly wisdom and woman-to-woman insight that allows sisters to closely examine their choices in intimate relationships."-- Julia A. Boyd, author of "In the Company of My Sisters""What Mama Couldn't Tell Us About Love" forces us to wade in the water' of the grief and pain associated with the peculiar institution of slavery, and to confront our own denial about the emotional legacy of enslavement. Richardson and Wade offer us psychological baptism, deliverance from isolation, despair and old prejudices, psychic healing, and purification of the spirit. Lord knows, America needs this book."-- Gwendolyn Goldsby Grant, Ph.D., author of "The Best Kind of Loving""A powerful, moving, and life-enhancing book that will help readers reconnect with the past and move forward into the future. It will change lives and hearts."-- Harriet Lerner, Ph.D., author of "The Dance of Anger""What Mama Couldn't Tell Us About Love" is like having a long afternoon on the porch talking with an old, dear sister-friend about things of the past and present and matters of the heart. Richardson and Wade remind us in down-to-earth, readable, practical prose that we intuitively know how to heal ourselves and one another. Women of all backgrounds will rush to read their wisdom."-- Charlotte Pierce-Baker, Ph.D., author of "Surviving the Silence""A wonderful gift to black women..Our foremothers created a dynamic culture to overcome a history of pain. Richardson and Wade, with pens dipped in abundant love, gracefully advise us as to the lessons of the past we must embrace and those we must discard, if we are to achieve true self-empowerment and emotional liberation."-- Darlene Clark Hine, Ph.D.,coauthor of "A Shining Thread of Hope: The History of Black Women in America"

About the Author

Brenda Lane Richardson, the author of Chesapeake Song, is an award-winning journalist and a noted public speaker.

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Dr. Brenda Wade is a clinical psychologist, the author of four books, and a frequent guest on Oprah, The Today Show, and other talk shows, news programs, and specials. She lives and practices in San Francisco, California.

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