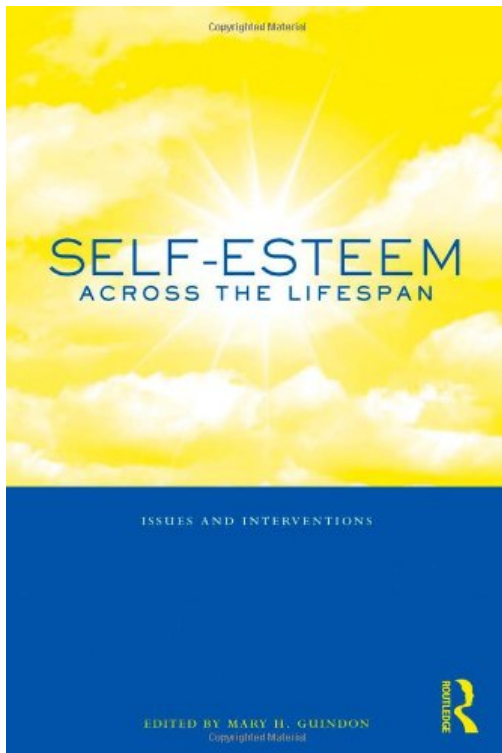


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Review

"Self-esteem luminary Mary Guindon and her all-star cast of experts deliver the definitive guide to understanding and enhancing self-esteem across the lifespan. Theoretically comprehensive yet clinically focused, this is instantly the seminal guidebook for researchers, educators, and practitioners interested in the essential role of self-esteem in mental health. This remarkable resource will clearly guide the work of practitioners who are serious about self-esteem interventions in diverse clients from childhood through late-life. It is the first and only book to offer comprehensive self-esteem interventions for clients impacted by problems as wide-ranging as parental mental illness, body image, ADHD, and trauma. Each chapter is concise, theoretically grounded, and chock-full of illustrative case examples." - W. Brad Johnson, PhD, Professor of Psychology, United States Naval Academy, USA

"Positive self-esteem is considered a sine qua non of healthy personality in the trajectory of human development. Dr. Mary Guindon has assembled an elite group of nationally and internationally known leading scholars to produce a definitive and monumental textbook on self esteem that is certain to become a classic resource for both the novice and the experienced counselor. It covers a wide range of topics with special focus on the self-esteem issues of special populations. A remarkable blending of didactic and experiential exercises with current research findings, case examples, and enhancement strategies makes this book a shining star in the galaxy of counseling literature." - Daya Singh Sandhu, Department of Educational & Counseling Psychology, University of Louisville, USA

"Self-Esteem is a core psychological concept whose meaning and importance have been sometimes misunderstood or ill-understood by psychology students, counselors, and therapists, as well as the general public. That's why Self-Esteem Across the Lifespan: Issues and Interventions, knowledgeably compiled and deftly edited by Mary Guindon is such a germane and timely body of work. Beginning with Mary Guindon's two-part introduction defining self-esteem and self-esteem interventions, the expert contributors go on to address self-esteem issues associated with childhood, adolescence, young adulthood, mid-life, and late life with respect to the elderly. An informed and informative body of work that is enhanced with the addition of an extensive list of resources and an example of a 'Group Self-Esteem Intervention Program', as well as an author index and a subject index, Self-Esteem Across the Lifespan: Issues and Interventions is a seminal contribution to the field and a highly recommended addition for professional and academic library Counseling, Psychology, and Psychiatry reference collections and supplemental reading lists." - The Midwest Book Review

About the Author
Johns Hopkins University, Maryland, USA

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